

Adult Care Homes

A custodial level of care provided in a licensed residence for the aged or disabled adults who require some personal care and supervision. The three types of licensed adult care facilities in the state are: family care homes, rest homes, and group homes for the developmentally disabled adults.

Cedarbrook Residential Center

1267 Pinnacle Church Road
Nebo, NC 28761
828-652-4633

Houston House

9460 US Hwy 64
Union Mills, NC 28167
828-287-4943

Lake James Lodge

PO Drawer 879
63 Lakeview Drive
Marion, NC 28752
828-652-3038

McDowell Assisted Living, LLC

PO Box 909
5235 NC 226 South
Marion, NC 28752
828-652-3033

McDowell House

1687 Dairy Drive
Nebo, NC 28761
828-652-5458

Rosehill Retirement Community

PO Box 69
220 Fleming Street
Marion, NC 28752
828-652-2504

Family Care Homes

A licensed adult care home that provides residential care for two to six adults who require some supervision and personal assistance, along with room and board, to assure their safety and comfort. The building itself is a normal house and is usually in a regular neighborhood with other homes and families next door.

Fairview Assisted Living

114 Fairview Road
Marion, NC 28752
828-659-7175

Gowan Family Care Home

82 Ned McGimpsey Road
Nebo, NC 28761
828-652-6690

Mountain View Family Care

PO Box 205
Nebo, NC 28761
828-652-8534

Rocky Pass Family Care

5349 NC Hwy 226 South
Marion, NC 28752
828-652-7058

Truett's Family Care

PO Box 188
Nebo, NC 28761
828-652-6256

Wintergreen Assisted Living

PO Box 21
323 Fleming Avenue
Marion, NC 28752
828-652-3988

Zion Hill Family Care

561 Zion Hill Road
Marion, NC 28752
828-738-4310

Nursing Homes

Skilled Nursing Care Facilities

Autumn Care of Marion

1264 Airport Road

Marion, NC 28752

828-652-6701

www.autumncorp.com

Sunrise Rehab and Care

306 Deer Park Road

Nebo, NC 28761

828-652-3032

Alzheimer's Information

Western Carolina Alzheimer's Association

31 College Place

Suite D 320

Asheville, NC 28801

1-800-522-2451

www.alz-nc.org

Black Mountain Neuro-Medical Treatment Center

932 Old US 70 Hwy

Black Mountain, NC 28711

828-669-3379

www.bmcnc.org

- Respite and Residential Service

Area Agency on Aging Services

Area Agency on Aging

PO Box 841
111 West Court Street
Rutherfordton, NC 28139
828-287-2281

www.regionc.org

- An advocate for Senior Adults
- Develops an Area Plan for the service area, and evaluates the effectiveness of the resources in meeting the needs of seniors and enters into agreements with providers of supportive services
- Furnishes technical assistance in the planning area

Family Caregiver Support Program

828-287-2281 Ext: 1258

- Bring together community resources to aid family caregivers

Regional Long Term Care Ombudsman

828-287-2281 Ext: 1225 and 1222

- Advocates for Resident's Rights – Investigates complaints and concerns that are made by or on behalf of Nursing and Adult Care Home residents

The Senior Community Service

Employment Program – (Title V)

828-287-2281 Ext: 1231

- Provides Employment for qualifying older adults

Credit Counseling

OnTrack Financial Education Counseling

100 West Court Street
Marion, NC 28752
828-255-5166

- Provides Counseling on First and Third Mondays at McDowell County Library

Crisis Intervention

American Red Cross
15 North Garden Street
Marion, NC 28752
828-652-6531

Catawba Valley Behavior Health Care – Mental Health
486 Spaulding Road
Marion, NC 28752
828-652-5444

Department of Social Services
207 East Court Street
Marion, NC 28752
828-652-3355

Family Services of McDowell County Inc.
PO Box 1572
Marion, NC 28752
828-652-6150

- Victims shelter for Domestic Violence/Sexual Assault
- Resource and Referrals
- Support Groups

Foothills Access to Care
115 Wamsutta Mill Road
Morganton, NC 28655
Office: 828-430-7148
Helpline: 866-327-4968

- Assist with provider choices for outpatient/substance abuse / community support services
- Emergency/crisis services 24hrs a day – 7 days a week.

Education/Employment

Employment Security Commission
344 ½ State Street
Marion, NC 28752
828-652-7131

Foothills Industries
300 Rockwell Drive
Marion, NC 28752
828-652-4088

JobLink

81 South Main Street
Marion, NC 28752
828-659-6001

NC Cooperative Extension Services

60 East Court Street
Marion, NC 28752
828-652-8104

NC Vocational Rehabilitation Services

451 N. Main Street
Suite 107
Marion, NC 28752
828-652-2826

McDowell Technical Community College

54 Universal Drive
Marion, NC 28752
828-652-6021

www.mcdowelltech.edu

- In some instances tuition or fees may be waived for ages 65 and over

The Senior Community Service

Employment Program - Title V

PO Box 841
111 West Court Street
Rutherfordton, NC 28139
828-287-2281

- Providing the Mature and Older Worker Employment

Elder Abuse and Adult Protective Services

Regional Long Term Care Ombudsman Program

PO Box 841
111 West Court Street
Rutherfordton, NC 28139
828-287-2281

www.regionc.org

Adult Protective Services - DSS

145 East Court Street
Marion, NC 28752
828-652-3355

Emergency Services/Call 911 for All Emergencies

For all services with a direct phone number not listed call 911, for all EMERGENCIES CALL 911

McDowell County Sheriff	828-652-4000
Poison Control Center	800-222-1222
NC State Highway Patrol	800-445-1779
EMS of McDowell County	828-652-3982
Marion Fire Dept. Office	828-652-5201

Financial Assistance

Department of Social Services

207 East Court Street

Marion, NC 28752

828-652-3355

- Energy Assistance
- Food Stamps
- Medicaid

Maxwell M. Corpening Jr. Memorial Foundation

PO Box 2400

Marion, NC 28752

828-652-0819

Tax Office

60 East Court St.

Marion, NC 28752

828-652-7121

- Homestead Exemption

United Way

PO Box 1563

Marion, NC 28752

828-652-6267

Health

American Cancer Society
6000 Fairview Road
Suite 200
Charlotte, NC 28212
1-800-227-2345

Department of Social Services
207 East Court Street
Marion, NC 28752
828-652-3355

- Medicaid
- Services for the Blind

Foothills Access to Care
115 Wamsutta Mill Road
Morganton, NC 28655
Office: 828-430-7148
Helpline: 866-327-4968

- Assist with provider choices for outpatient/substance abuse / community support services
- Emergency/crisis services 24hrs a day – 7 days a week.

McDowell Health Department
408 Spaulding Drive
Marion, NC 28752
828-652-6811

The McDowell Hospital
430 Rankin Drive
Marion, 28752
828-659-5112
<http://mcdhospital.org>

The McDowell Hospital Outreach – Lifeline
430 Rankin Drive
Marion, 28752
828-659-5409

- Medical Alert is an emergency call system connected to the telephone in the home of the elderly

Health - Prescription Information Assistance

Benefits Checkup

www.benefitscheckup.org

Medicare Prescription Drug Plan Finder

<http://www.medicare.gov>

North Carolina Rx

Application available online or call

1-888-488-6279 for application to be mailed to you

http://www.ncrx.gov/Enrollment_Application_for_NCRx.pdf

Department of Social Services

207 East Court Street

Marion, NC 28752

828-652-3355

- Medicaid

McDowell Senior Center

100 Spaulding Road

Marion, NC 28752

828-652-8953

- SHIP Trained volunteers,
- Help with Medicare Part D

McDowell Medication Management Program

486 Spaulding Road

Marion, NC 28752

828-652-8953

- Medication Access
- Call for an Appointment

Social Security Administration

800 Central Park Drive

Asheville, NC 28805

1-800-772-1213

828-251-9941

<http://www.socialsecurity.gov>

- SSI – Supplemental Security Income
- Benefits/Retirement /Disability
- Medicare Part D Supplement assistance

Home Care Services (Including Respite Care)

Advantage Home and Community Care

343 West Main Street
Forest City, NC 28043
828-248-9008

Department of Social Services

145 East Court Street
Marion, NC 28752
828-652-3355

- CAP-DA services

Black Mountain Neuro-Medical Treatment Center

932 Old US 70 Hwy
Black Mountain, NC 28711
828-669-3379
www.bmcnc.org

- Overnight respite care

HomeCare Management Corp.

315 Wilkesboro Blvd. NE
Lenoir, NC 28645
800-223-2841

McDowell Home Health

408 Spaulding Road
Marion, NC 28752
828-659-6901

Senior Center

100 Spaulding Road
Marion, NC 28752
828-652-8953

The McDowell Hospital Home Care

430 Rankin Drive
Marion, NC 28752
828-659-5406

Home Repairs

Isothermal Planning and Development Commission

PO Box 841

111 West Court Street

Rutherfordton, NC 28139

828-287-2281

- Housing Rehabilitation and Urgent Repair
- Weatherization

Hospice

Hospice of McDowell

575 Airport Road

Marion, NC 28752

828-652-1318

www.hospiceofmcdowell.org

Legal

Consumer Protection Agency – N.C. Department of Justice

1-877-566-7226

- Mediation of Consumer Complaints
- Enforcement of Consumer Protection Statutes

Legal Aid of North Carolina – Morganton Office

211 East Union Street

Morganton, NC 28655

828-437-8280

Senior Centers

McDowell Senior Center

100 Spaulding Road
Marion, NC 28752
828-652-8953

www.mcdowellseniorcenter.org

- Serves Seniors 60+ years of age with a broad range of services and activities
- Meals,
- Congregate served at center
- Home delivered, delivered to homebound residents
- Senior Health Insurance Information Program (SHIIP)
- Trained Counselors, to help with questions regarding your Medicare claims
- Health Screenings
- Information and Referral

➤ Satellite Center

First Presbyterian Church

144 East Main Street
Old Fort, NC 28762
828-668-4867

Social Security

Social Security Administration

800 Centre Park Drive
Asheville, NC 28805
1-800-772-1213
828-251-9941

<http://www.socialsecurity.gov>

- SSI – Supplemental Security Income
- Benefits/Retirement /Disability
- Medicare Part D Supplement assistance

Veterans

Veterans Service Office

100 Spaulding Road
Marion, NC 28752
828-652-2911

www.honorvetsflight.org

McDowell County - Web Directory

<http://www.mcdowellgov.com>